



PRFC KIDS FIRST MANIFESTO

‘Better people, better Borough’

A KIDS FIRST CLUB WILL:

- Provide children with a safe, healthy and positive environment.
- Endeavour to apply and support the Core Values of the game.
- Ensure that children have fun without pressure, harassment or abuse from adults.
- Publish the KIDS FIRST Manifesto on its website and direct parents and coaches to it.
- Utilise the KIDS FIRST Development Framework.
- Enrol on the KIDS FIRST Programme and ensure coaches attend the relevant KIDS FIRST courses.
- Support KIDS FIRST coaches in fulfilling their roles.
- Acknowledge good practice and challenge less than good practice.



- Ensure parents are conversant with, and adhere to, the Parent Code of Conduct.


A KIDS FIRST COACH WILL:

- Treat every child with respect and dignity.
- Set a good example of conduct, attitude and behaviour.
- Attend the KIDS FIRST courses and workshops
- Have knowledge of, and be conversant with, the principles of the KIDS FIRST Programme.
- Work with the KIDS FIRST Development Framework.
- Utilise the KIDS FIRST Coaching Cards.
- Apply the principles contained within the KIDS FIRST Manifesto.
- Value qualities beyond winning, promote a love of the game and connection with the club.
- Emphasise progress and not outcome.
- Provide equal opportunity for every child to participate in coaching sessions and competition.
- Endeavour to build the confidence and self-esteem of every child in every session.
- Encourage problem solving and creativity.
- Plan and prepare thoroughly for each session building in learning for children in the key areas:
 1. Core Values.
 2. Social and Personal Development.
 3. Physical and Movement Development.
 4. Game Understanding.
 5. Core Skill Focus.
- Place the needs and interests of each child above those of the sport.
- Encourage all children to play to the rules and show respect to the opposition, officials and coach.



- Acknowledge and reward effort and improvement, not just winning.

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Matthew Gray
Head of Youth Rugby

